



March 2010 Friendly Meals Dining Room Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Italian Marinated Chicken 1 Rice Pilaf Green Beans Mandarin Oranges	Roast Pork w/Apple Glaze 2 Mashed Red Potato Baby Carrots Apple Spice Cake	Sweet & Sour Meatballs 3 Brown Rice Oriental Vegetables Orange Chiffon	Turkey Tetrazini 4 Penne Pasta Spinach Cookie	Baked Ziti w/ Vegetable Maranara 5 Mixed Vegetable Fresh Fruit
Roast Sirloin w/AuJus 8 Mashed Red Potato Sliced Carrots Coffee Mousse w/Topping	Oriental Pepper Steak 9 Peanut Sauce Noodles Mandarin Vegetables Pineapple Chunks	Frittata Lorraine 10 O'Brien Potato Mixed Vegetable Blueberry Cake	Stuffed Chicken w/ Maple Cream Sauce 11 Mashed Potato Peas & Carrots Tapioca Pudding w/Topping	Macaroni & Cheese 12 California Mixed Vegetable Wheat Bread Banana Pudding w/ Topping
Hawaiian Ham Steak 15 Mashed Sweet Potato Green Beans Pineapple Cake w/Cherry Glaze	BBQ Beef Burger 16 Fried Potato Roasted Corn Cinnamon Apple Sauce	Corned Beef 17 Cabbage Carrots Boiled Potato Irish Mint Cake	Tossed salad 18 Beef Stew w/Baby Vegetables Buttermilk Biscuits Butterscotch Pudding w/ Topping	Tossed Salad 19 Four Cheese Lasagna Mixed Beans Fresh Melon
Turkey Divan 22 Casserole Capri Blend Vegetable Pears	Honey Mustard Roast 23 Pork w/Dijon Glaze Mashed Potato Peas & Onion Strawberry Shortcake	Baked Meatloaf 24 Mashed Potato Beets Chocolate Pudding w/ Topping	Chicken Stew 25 Buttermilk Biscuits Carrots Yellow Cake	Soup & Sandwich Day 26 Vegetable Soup Fishwich Tarter Sauce Lettuce & Tomato Ice Cream
Grilled Frankfurter 29 Roll Baked Beans Corn Fresh Fruit	Soup & Sandwich Day 30 Potato & Ham Chowder Chicken Salad Sandwich Lettuce & Tomato Ice Cream	Tossed Salad 31 Bacon Cheese Burger Pie w Potato Crust Glazed Carrots Cookie	Milk & bread served with meals. Dietetic dessert is available at all Friendly Meals sites upon request.	Menu is subject to change <i>A United Way Agency</i>