




Grab & Go Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1</p> <p>Meatballs in Garlic & Parsley Parmesan Sauce Mashed Potatoes Broccoli Florets Blueberry Crisp with Cream</p>	<p>2</p> <p>Spinach, Bacon, Onion & Cheddar Pie Green Beans Diced Carrots Orange</p>
<p>5</p> <p>Friendly Meals will be CLOSED in observance of the holiday.</p> <p></p>	<p>6</p> <p>Beef Stroganoff with Mushroom Sauce Rotini Noodles Brussels Sprouts Peaches</p>	<p>7</p> <p>Sweet & Sour Chicken with Vegetable Sauce Rice Pilaf with Vegetables Oriental Sugar Snap Blend Fruited Jell-O with Oranges</p>	<p>8</p> <p>Baked American Goulash with Beef Spinach Pineapple Chunks</p>	<p>9</p> <p>Turkey Salad on a Roll Coleslaw Spinach Salad Applesauce Coffee Cake</p>
<p>12</p> <p>BBQ Chicken Breast Baked Beans Broccoli Florets Strawberry Shortcake with Cream</p>	<p>13</p> <p>Macaroni & Cheese Sliced Carrots Stewed Tomatoes Mandarin Oranges</p>	<p>14</p> <p>Stuffed Chicken with Sage Sauce Mashed Potatoes Green & Cannellini Beans Birthday Cake </p>	<p>15</p> <p>Cheese Tortellini Alfredo Peas Carrots Watermelon</p>	<p>16</p> <p>Pork Chow Mein Brown Rice with Vegetables Broccoli & Cauliflower Grapes</p>
<p>19</p> <p>Chicken & Biscuit Diced Potatoes Carrots with Dill Pumpkin Cake with Icing</p>	<p>20</p> <p>Glazed Pork & Ham Burger with Sauce on a Roll Mashed Sweet Potatoes Green Beans Oatmeal Craisin Cookie Bar</p>	<p>21</p> <p>Beef Steak with Mushroom Sauce Mashed Potatoes Broccoli Florets Pumpkin Cookie</p>	<p>22</p> <p>Chicken Fingers with BBQ Sauce Diced Potatoes Diced Carrots Fruit Cocktail with Cream</p>	<p>23</p> <p>Sliced Ham & Swiss Cheese on a Roll Four Bean Salad Red Potato Salad with Dill Sliced Pears</p>
<p>26</p> <p>Roast Pork Loin with Gravy Mashed Potatoes Garden Peas & Onions Apple Crisp with Cream</p>	<p>27</p> <p>Sweet & Sour Meatballs Pasta Shells California Blend Veggies Peaches</p>	<p>28</p> <p>Vegetable & Cheese Quiche Stewed Tomatoes Green Beans Cookie</p>	<p>29</p> <p>Breaded Chicken Breast with Sauce Mashed Cauliflower Spinach Tapioca Pudding with Oranges</p>	<p>30</p> <p>Macaroni & Cheese Green & Black Beans Baby Carrots Cantaloupe Wedge</p>

Milk and bread are served with meals. A dietetic dessert is available upon request. The menu is subject to change.