August 2022

Meals on Wheels Menu

A program of Home Healthcare Hospice & Community Services

Monday	Tuesday	Wednesday	Thursday	Friday
1 Turkey Patty with Vegetables Rice Pilaf with Carrots Mixed Vegetables Fruit Mix	2 Sliced Pork Loin with Cider Sauce Mashed Potatoes Brussels Sprouts Apple Cake	3 Sliced Turkey in Gravy Home Fries California Blend Vegetables Pumpkin Pudding with Cream	4 Beef Goulash with Parmesan Cheese Rice Pilaf with Vegetables Peas & Mushrooms Pineapple	5 Pork Chop with Sauce Cheddar Hash Browns Green & Cannellini Beans Orange
8 Baked Stuffed Chicken Breast with Sauce Mashed Potatoes Diced Carrots Pears	9 Meatballs in Marinara with Parmesan Penne Pasta Mixed Blend Veggies with Lima Beans Pineapple & Oranges	10 Baked Penne Pasta with Ground Beef & Mozzarella Green Beans Birthday Cake	11 Broccoli Quiche Home Fries Carrots Mandarin Oranges	12 Ham & Scalloped Potatoes Green, Waxed & Black Beans Spinach Chocolate Chip Cookie
15 Baked Meatloaf with Gravy Sweet Potatoes Brussels Sprouts Tapioca Pudding with Peaches & Cream	16 Chicken-n-Biscuit Red Mashed Potatoes Mixed Beans Pound Cake with Cream	17 Shepherd's Pie with Corn Mashed Cauliflower Carrots Oatmeal Cookie	18 Chicken Tenders with Sauce Sweet Potatoes Baked Beans Sliced Apples with Cinnamon	19 Cheese Ravioli with Italian Sausage & Parmesan Cheese Squash Watermelon
22 Roast Turkey with Sauce Potatoes with Ranch Dressing Brussels Sprouts Date Craisin Cookie	23 Cavatappi with Sharp Cheddar Chopped Broccoli Diced Beets Orange Jell-O with Mandarin Oranges	24 Italian Chicken Breast with Parsley Sweet Potatoes California Mixed Vegetables Fruit Crisp with Cream	25 Meatloaf Side of BBQ Sauce Mashed Potatoes Green Beans Orange	26 Cheese Omelet Home Fries Broccoli Florets Apricots
29 Panko Pork Cutlet with White Sauce Mashed Potatoes Diced Carrots Melon	30 Turkey Vegetable Burger with Sauce Rice with Lentils & Vegetables Brussels Sprouts Peaches	31 Riblet with BBQ Sauce Cut Red Potatoes with Seasoning Italian Vegetables Apple Cake		

Milk and bread are served with meals. A dietetic dessert is available upon request. The menu is subject to change.