


Meals on Wheels Menu

September
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Meals on Wheels will be CLOSED on Monday, September 5 in observance of the holiday.</p>  <p>LABOR DAY</p>			1	2
	<p style="text-align: right;">6</p> <p>Chicken Breast Cacciatore Home Fries Oregon Blend Vegetables Oatmeal Cookie</p>	<p style="text-align: right;">7</p> <p>Scalloped Potatoes with Diced Turkey Ham Seasoned Panko Broccoli Pineapple Tidbits</p>	<p style="text-align: right;">8</p> <p>Turkey & Potato Pie with Corn Carrots & Cabbage Apple Cake</p>	<p style="text-align: right;">9</p> <p>Chicken Marsala with Mushroom Sauce Diced Potatoes Peas & Onions Fruit Cocktail</p>
<p style="text-align: right;">12</p> <p>Spaghetti & Meatballs in Marinara Sauce Winter Mixed Vegetables Red Grapes</p>	<p style="text-align: right;">13</p> <p>Southwest Egg & Vegetable Bake Green & Garbanzo Beans Cauliflower Pumpkin Craisin Cookie</p>	<p style="text-align: right;">14</p> <p>Chicken, Corn & Potato Stew with Crackers Spinach with Cannellini Beans Applesauce Birthday Cake</p> 	<p style="text-align: right;">15</p> <p>Cavatappi with Cheese Peas Diced Beets Mandarin Oranges with Cream</p>	<p style="text-align: right;">16</p> <p>Cold Sliced Turkey & Cheddar Cheese on a Roll Potato Salad Coleslaw Pears</p>
<p style="text-align: right;">19</p> <p>Stuffed Chicken Breast Mashed Potatoes Glazed Beets Vanilla Fluff with Blueberries</p>	<p style="text-align: right;">20</p> <p>Swedish Steak with Mushroom Sauce Seasoned Penne Pasta Chopped Broccoli Peaches</p>	<p style="text-align: right;">21</p> <p>Turkey Tetrazzini Scandinavian Vegetables Pineapple Tidbits</p>	<p style="text-align: right;">22</p> <p>Chicken-n-Biscuit Mashed Cauliflower Peas & Carrots Apple & Berry Crisp</p>	<p style="text-align: right;">23</p> <p>Beef Minestrone Soup with Crackers Broccoli Tropical Fruit Salad</p>
<p style="text-align: right;">26</p> <p>Meatloaf with Gravy Mashed Red Potatoes Diced Carrots with Dill Pears</p>	<p style="text-align: right;">27</p> <p>Pork Sirloin Stew with a Biscuit Brussels Sprouts Fruit Cookie</p>	<p style="text-align: right;">28</p> <p>BBQ Beef Steak Baked Beans Chopped Broccoli & Diced Carrots Vanilla Pudding with Peaches & Cream</p>	<p style="text-align: right;">29</p> <p>Roast Pork with Gravy Boiled Potatoes with Parsley Butternut Squash Apple Cake with Icing</p>	<p style="text-align: right;">30</p> <p>Beef Burgundy with Mushrooms & Onions Rotini Noodles Whole Beets Melon</p>

Milk and bread are served with meals. A dietetic dessert is available upon request. The menu is subject to change.