

April 2024

Castle Center Menu

A program of



TUESDAY	WEDNESDAY	THURSDAY
2	3	4
Spinach & Onion Quiche Brown Rice Pilaf with Vegetables California Mixed Veggies Red Delicious Apple	Sweet-n-Sour Pork with Vegetable Sauce Brown Rice with Lentils & Vegetables Green Beans Pineapple Tidbits	Baked Ham with Raisin Sauce Sweet Potatoes Capri Blend Vegetables Fruit Crisp with Cream
9	10	11
Rollettes with Three Cheese Sauce Green & Waxed Beans Winter Squash Mandarin Oranges	Chicken & Gravy with a Southern Biscuit Diced Carrots Mashed Cauliflower Carrot Cake with Icing 	BBQ Pork Loin Mashed Potatoes Brussels Sprouts Apricots
16	17	18
Baked Penne Pasta with Mozzarella & Ricotta & Sausage Links Winter Blend Vegetables Fruit Cocktail	Chicken Fingers with Sauce Home Fries Diced Carrots Pineapple Chunks	Beef with BBQ Sauce Baked Beans Broccoli Florets Peaches
23	24	25
Hungarian Goulash Diced Potatoes with Parsley Brussels Sprouts Apple Crisp with Topping	Meatloaf with Brown Sauce Garlic Home Fries Green Beans Mandarin Oranges with Cream	Chicken & Gravy Mashed Potatoes Sliced Carrots with Parsley Pumpkin Custard with Cream
30		
Beef, Bean & Vegetable Stew with Potatoes & a Biscuit Broccoli Florets Pears		

Milk is served with all meals. Dietetic dessert is served as appropriate. The menu is subject to change.