

MEALS ON WHEELS



HCS Meals on Wheels drivers deliver more than 400 meals in Cheshire County - DAILY!

Meals on Wheels are delivered to the homes of older adults and individuals with disabilities who can benefit from a healthy meal and safety check.

Meals are delivered Monday - Friday. Special dietary needs are accommodated to the extent possible.

All Meals on Wheels participants are required to complete a simple application prior to receiving the service.

Eligibility: Homebound and unable to prepare a meal. For those under 60, income requirements may apply. Meals include entree, bread or roll, dessert, and milk.

For additional information & to request Meals on Wheels, please call **(603) 352-2253**.



www.HCSservices.org | 603-352-2253

The HCS Family of Services:

Home Healthcare, Hospice & Community Services (HCS) offers comprehensive services to the residents of southwestern New Hampshire, including:

- Visiting Nurses
- Hospice at HCS
- Rehabilitation Therapies
- Palliative Care Support
- Medical Social Work
- Home Health Aides
- Home Support Program
- Foot Care Clinics
- Healthy Starts at HCS
- Friendly Meals & Meals on Wheels
- Friendly Bus & City Express

Generous community support allows us to expand our reach, provide meals to more older adults in need, and offer personal connections with our clients.

Nutrition services at HCS are funded in part through the NH Bureau of Adult and Aging Services.

Volunteers and financial contributions are greatly appreciated.

Please donate today!



www.HCSServices.org/donate



(603) 352-2253 | Fax (603) 358-3904

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