



Friendly Meals - Jaffrey Menu

Wednesdays, April 2026

Spinach & onion quiche Brown rice pilaf w/ vegetables California mixed veggies Wheat roll Red delicious apple	1
Shepherd's pie w/ mashed potato Diced carrots Peaches Wheat bread	8
Meatballs in marinara Cavatapi pasta Spinach Gelatin w/ oranges Wheat bread	15
Swedish meatballs Rotini pasta Sliced carrots Green beans Pineapple tidbits Wheat bread	22
Turkey Au Gratin Mixed beans Seasonal fruit Biscuit	29

Milk and bread are served with meals. A dietetic dessert is available upon request. The menu is subject to change.

Make your reservation the Monday prior by calling: 603-242-7986