

Friendly Meals Menu

April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>APRIL SHOWERS Bring MAY FLOWERS</p>		Spinach & onion quiche Brown rice pilaf w/ vegetables California mixed veggies Wheat roll Red delicious apple	1 Scalloped potatoes w/ turkey & cheddar Peas w/ mushrooms Yogurt parfait Biscuit	2 Baked meatloaf Gravy Mashed potato Broccoli florets Oatmeal cookies Dinner roll
Cream of broccoli w/ cheddar Crackers Sliced carrots Vanilla parfait yogurt Wheat bread	6 Pork stew w/ potato & vegetables Italian blend veggies Peaches White dinner roll	7 Shepherd's pie w/ mashed potato Diced carrots Peaches Wheat bread	8 Beef stew w/ vegetables Brussel sprouts Applesauce cake muffin Whole grain biscuit	9 Chicken brea t w/ cacciatore sauce & tomatoes Egg noodles Diced beets Pears Wheat roll
Beef steak w/ sauce Seasoned home fries Peas & carrots Pumpkin chip cookie Wheat bread	13 Pork roast Mushroom gravy Ranch beans Mixed vegetables Pineapple tidbits Wheat bread	14 Meatballs in marinara Cavatapi pasta Spinach Gelatin w/ oranges Wheat bread	15 Chicken breast Poultry gravy Brussel sprouts Mixed vegetables Seasonal fruit Wheat roll	16 Mild chili Rice pilaf Green peas w/ pearl onions Peaches Cornbread
Chicken breast BBQ sauce Baked beamns Broccoli florets Applesauce Wheat bread	20 Zucchini egg bake Pasta shell w/ tomatoes Italian blend veggies Seasonal fruit Wheat roll	21 Swedish meatballs Rotini pasta Sliced carrots Green beans Pineapple tidbits Wheat bread	22 Turkey burger Rosemary gravy Confetti rice Capri blend veggies Pumpkin pudding Wheat bread	23 Chicken biscuit Whole grain biscuit Spinach Cauliflower Apple crisp
Oven fried chicken Whipped potatoes Beets Mixed fruit Wheat bread	27 Cheese reviola Beef spaghetti sauce Green peas Diced carrots Fruited yogurt parfait Wheat bread	28 Turkey Au Gratin Mixed beans Seasonal fruit Biscuit	29 Goulash Broccoli Spiced peaches Wheat roll	30

Milk and bread are served with meals. A dietetic dessert is available upon request. The menu is subject to change.

Make your reservation two days prior by calling 603-903-4832